

# New Patient Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_\_

Preferred Contact Number: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Primary Email Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_ For How Long: \_\_\_\_\_

If someone referred you here, please tell us know whom: \_\_\_\_\_

Please describe what kind of trouble you're having, and the result you'd like to achieve:  
\_\_\_\_\_

How long have suffered from this problem? \_\_\_\_\_

What have you tried that hasn't worked so far? \_\_\_\_\_

On a scale of 1-10, how committed are you to solving this problem? \_\_\_\_\_

What it's at its worst, how does it make you feel? \_\_\_\_\_

Does it interfere with your work, family life, hobbies, or life? \_\_\_\_\_

What makes this problem worse? \_\_\_\_\_

Does handling this problem cause stress for you? Yes: \_\_\_\_ No: \_\_\_\_

How much older does it make you feel? \_\_\_\_\_

What gives you temporary relief? \_\_\_\_\_

What's the pattern of this problem: Constant: \_\_\_\_ Off/On: \_\_\_\_ Daily: \_\_\_\_ Weekly: \_\_\_\_ Monthly: \_\_\_\_

What is the effect that it has, if any, on your other body functions: \_\_\_\_\_

Do you remember how it started? Yes: \_\_\_\_\_ No: \_\_\_\_\_

Have you ever been knocked unconscious? Yes: \_\_\_\_ No: \_\_\_\_

If you're on any type of medication, please list it here, including over-the-counter drugs:  
\_\_\_\_\_

In your opinion, how would you rate your level of health (1-10): \_\_\_\_\_

Do you have any other health goals/concerns? \_\_\_\_\_

Signature: \_\_\_\_\_  
\_\_\_\_\_

